



Support Groups

Woking

Eating Disorders Self Help Group

1st Thursday of each month from 7.30-9.00pm

Overeaters Self Help Group

3rd Thursday of each month from 7.00-8.30pm

Eating Disorders Carers Group

4th Thursday of each month from 7.30-9.00pm

CornerHouse 2 Courtenay Road Woking GU21 5HQ

If you are interested in attending or you would like more information then please contact:

B-eat Woking

CornerHouse, 2 Courtenay Rd, Woking GU21 5HQ

Tel: 01483 757461

info@beatwoking.org.uk

**Member of the
beat self help network**

www.beatwoking.org.uk